GROWTH PARAMETERS

<table>
<thead>
<tr>
<th>Weight</th>
<th>lbs</th>
<th>oz</th>
<th>%</th>
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</thead>
<tbody>
<tr>
<td>Height</td>
<td>inches</td>
<td></td>
<td>%</td>
</tr>
<tr>
<td>Head Circumference</td>
<td>cm</td>
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<td>%</td>
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</tbody>
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DEVELOPMENTAL MILESTONES FOR A 2 WEEK OLD

- makes brief but direct eye contact
- stares at edges/looks at lights
- lifts head when laying on tummy
- hears/startles
- smiles
- looks at you directly
- eyes track from side to side
- coos
- lifts head 45° when on tummy
- holds head upright when sitting supported
- arms and legs are less flexed

SAFETY

- NO LARGE CROWDS OR PUBLIC PLACES FOR THE FIRST 2 MONTHS
- EVERYONE MUST WASH HANDS BEFORE TOUCHING THE BABY
- Never leave baby unattended on any elevated surface
- Put baby to sleep on his/her back to prevent SIDS
- Give baby 5-15 minutes of Tummy Time each day while watching
- Avoid sun exposure (ok to use sunscreen on babies less than 6 months)
- Rear-facing car seat till 1 Year even if greater than 20 lbs.
- Leave the belly button stump alone till it falls off. 24 hours after the stump falls off you may give a regular tub bath.
- Use a **rectal digital** thermometer to take baby’s temperature. Fever is a rectal temp ≥ 100.5. **Babies under 2 months with any fever must be seen RIGHT AWAY at St. Rose Siena, Sunrise, Summerlin, or UMC where they have 24/7 Pediatric ER facilities. Do not give the baby any Tylenol before going to the ER!!**

NEXT VISIT AT 2 MONTHS (DON’T FORGET THE SHOT RECORD)

Dr. Lisa Glasser of Siena Pediatrics.
Call for appointments (702) 248-7337.
Visit [www.drglasser.com](http://www.drglasser.com) for additional information.

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